





# Psalm 6:1-10 NIV

Lord, do not rebuke me in your anger or discipline me in your wrath. Have mercy on me, Lord, for I am faint; heal me, Lord, for my bones are in agony.

My soul is in deep anguish. How long, Lord, how long?

Turn, Lord, and deliver me;

save me because of your unfailing love.

Among the dead no one proclaims your name. Who praises you from the grave?

I am worn out from my groaning.

All night long I flood my bed with weeping

and drench my couch with tears. My eyes grow weak with sorrow; they fail because of all my foes.

Away from me, all you who do evil, for the Lord has heard my weeping. The Lord has heard my cry for mercy;

the Lord accepts my prayer.

All my enemies will be overwhelmed with shame and anguish; they will turn back and suddenly be put to shame.

## **OBSERVATION**

None are righteous without Jesus. Because of Jesus you are forgiven, redeemed and invited into wholeness and it is through him you are made perfect. Don't allow your perspective to shift back to old wounds and pain in your yesterday, instead keep your eyes set on Jesus, the author and perfecter of your faith. God removes your sin as far from you as the east is from the west. If there are sins or cycles in your life you need to be set free from today, leave them at the feet of Jesus in prayer.

#### APPLICATION

- 1. Are there things in your past that are holding you back from stepping into your God-future? Is there a need for repentance? Are there people you need to forgive?
- 2. Looking at your life, what is in your hand to change and what needs to be laid down at the feet of Jesus?
- 3. Who are the friends of your destiny that help you keep a Godly perspective? How can you be a friend like that for others?

### **PRAYER**

Gracious God, thank you for your mercy which is available for me every morning. Help me to see through the eyes of grace and not a perspective of condemnation. I surrender to you not only my future but also my past. Forgetting what is behind, help me to walk in wholeness today. Restore every broken part of my life and heal every wounded place in my heart. I trust that you are working every part of my story together for your glory. Amen.

## PRAYER FOCUS

- For God to reveal areas in your life He desires to bring healing
- For restoration of relationships in the families of our church
- For the connect groups of our church to flourish
- For those in our city who don't yet know Jesus to encounter God's grace and mercy

## **BLESSING**

But the one who always listens to me will live undisturbed in a heavenly peace. Free from fear, confident and courageous, you will rest unafraid and sheltered from the storms of life.

-Proverbs 1:33 TPT